

REQUIREMENTS FOR TAMALPA PRACTITIONER CERTIFICATION

REQUIREMENTS	Number of hours	Time-line
Completion of Level 1		---
Completion of Level 2		---
Completion of Level 3		---
OTHER REQUIREMENTS		
PERSONAL THERAPY	40	See details below.
Level 3 FIELDWORK PROJECT Practicum Hours	72	<ul style="list-style-type: none"> ▪ During Level 3: 20 hours of Fieldwork in the community are required. ▪ Students have 1 year after finishing Level 3 to complete the remaining Fieldwork hours (52 hrs). You may begin collecting hours after completion of Level 2

IMPORTANT INFORMATION:

It is Tamalpa Institute protocol that a certified **Tamalpa Practitioner** may call themselves a Tamalpa Practitioner and/or a Tamalpa Associate Teacher. **A graduate of Level 2 or 3** who is not yet completed all requirements to be a certified Tamalpa Practitioner may call themselves a **Tamalpa Teacher Training Graduate**.

Personal therapy

- A total of 40 hours of personal therapy is required for certification, which may include previous work in the last 5 years. **The cost of these sessions is not included in tuition.**
- This therapeutic work needs to be with a professional and certified therapist, coach, or counselor in any of the following areas: expressive arts therapy, psychotherapy (Jungian, Gestalt, Transpersonal, Psychosynthesis etc.), or movement/dance/somatic-based therapy. Upon completion of the program, students are required to submit written documentation of these hours provided by the therapists.
- Main intentions for required therapy sessions are:
 - To clarify and deepen personal mythology and receive individualized guidance on challenges
 - To explore the possibilities available in one-on-one work.

TAMALPA INSTITUTE
Movement-based Expressive Arts

Practicum Hours Required: 72

- Level 3 Fieldwork Project: students must complete 20 hours of teaching and facilitating the Fieldwork Project.
- The remaining 52 hours can include any of the following (starting after completion of Level 2 Program):
 - Internship in a community or organization
 - Client work in a community or organization
 - Public Presentations: public workshops, performances, presentations in conferences, etc.
 - One-on-one coaching
 - Continuing with the L3 Fieldwork Project

Note: students have 1 year after completing Level 3 to fulfill the rest of the practicum hours. An extension can be requested by emailing the Program Coordinator at office@tamalpa.org.

After graduation from Level 2, a student has 2 years to complete their Tamalpa Practitioner Certification requirements. A Bachelor's Degree from an accredited institution is strongly encouraged to apply for Tamalpa Practitioner Certification.

Tamalpa Practitioners are guaranteed fast-track professional registration as Somatic Movement Therapists and/or Educators through the International Somatic Movement Education & Therapy Association (ISMETA). For more information about fast-track registration with ISMETA email the Program Coordinator at office@tamalpa.org. For more information about ISMETA, visit ISMETA.org.

Professional registration is also available through the International Expressive Art Therapy Association (IEATA); additional requirements apply such as a MA in Psychology, Arts or Education. For more information visit IEATA.org.